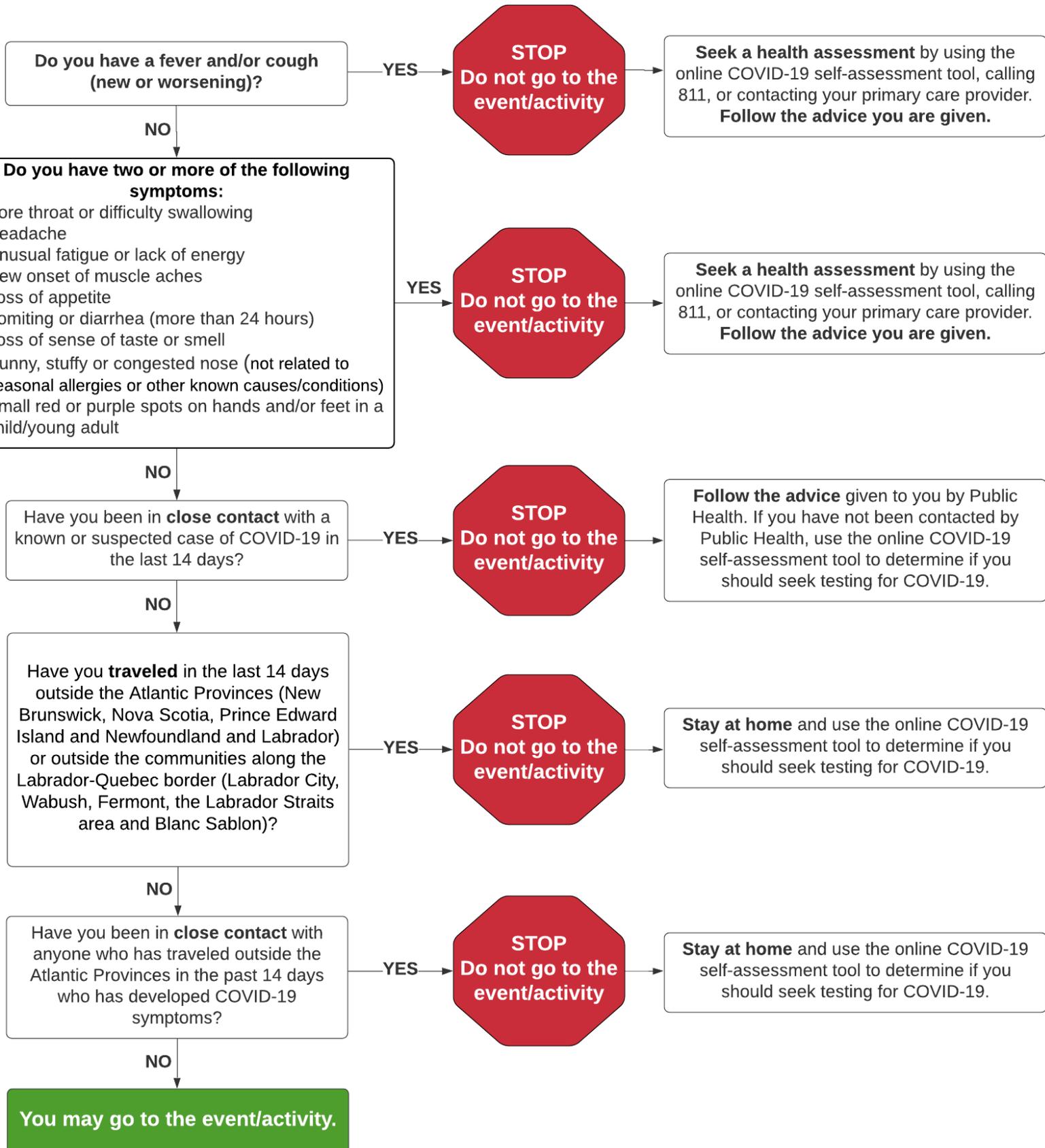


Individuals can use this questionnaire to decide if they should attend an event or activity.
 There is additional important information on the back of this page.

Remember: Stay Home When You Are Sick



What is an event or activity?

Events and activities include, but are not limited to: organized social events; faith gatherings; sport and physical activity (e.g. sports practice and games); recreational activities; weddings; funerals; and, arts and culture events like theatre performances, dance recitals, festivals and concerts.

What if I have only one of the symptoms in Box #2?

Stay home until you have been symptom-free for 24 hours without using fever-reducing medication. If your symptoms continue or get worse, complete the online COVID-19 self-assessment tool or call 811.

What if I am a young adult and have no other symptoms except small red or purple spots on their hands or feet?

You/your child will require testing, but you may attend the event or activity in the meantime. This is because small red or purple spots on the hands and/or feet usually appear later in the disease when an individual is no longer able to infect someone else.

What if I have a positive test result?

If you get tested for COVID-19 and the test result is positive, you should stay home until you are told by Public Health to end self-isolation.

What if I have a negative test result?

If your COVID-19 test is negative, you can go to the event/activity once you have been symptom-free for 24 hours without the use of fever-reducing medication.

The health assessment did not recommend that I get tested for COVID-19. What do I do?

If COVID-19 testing is not recommended, you can return to work when you have been symptom-free for 24 hours without using fever-reducing medication (and you feel well enough).

Will I need to be tested again?

If you test negative, you do not need re-testing unless you develop new symptoms, or your symptoms get worse. If you get new symptoms or your symptoms get worse, complete the online COVID-19 self-assessment tool again.

Where can I find the online COVID-19 self-assessment tool?

The online COVID-19 self-assessment tool can be found at the following link: <https://www.811healthline.ca/covid-19-self-assessment/>.